

ALBERTA EDUCATION SEXUAL HEALTH CURRICULUM

Background

In accordance with Alberta Education curriculum, the Division will provide human sexuality instruction as mandated through the grades 3 through 6 Health Program, the grades 7 through 9 Health and Personal Life Skills Program and Senior High School Life Management (CALM 20 Course).

Procedures

1. Principals shall give parents the opportunity to exercise the decision to “opt-in” to Alberta Education’s Sexual Health Education curriculum (as outlined in ‘Background’ paragraph above) at least 30 days in advance of the instruction, or classroom content.
2. This instruction will be provided for students whose parents opt them in to access it and no such instruction will take place prior to October 15 of any school year.
 - 2.1. Depending on operational capacity, students whose parents do not opt them in to participate in this instruction may not receive alternative instruction but will be supervised at the school.
3. Parents may “opt-in” each year by selecting “Opt-in to Sexual Health Education” on the verification/registration form sent to parents of students in grades 3 through 9 and CALM 20 at the beginning of the school year.
 - 3.1. Parents who ‘opt-in’ will receive a follow up email at least 30 days prior to the instruction taking place confirming ‘opt-in’ and confirming grade specific Sexual Health Education curricular information.
 - 3.2. A reminder email will be sent by schools 30 days prior to instruction to all parents who ‘opt-in’.
 - 3.3. Any decision not to “opt-in” does not, and cannot, apply to discussions that incidentally arise as a part of daily classroom interaction.
4. Principals shall not permit the use or provision of learning and teaching resources outside of the prescribed program of studies that deal primarily and explicitly with human sexuality unless the learning and teaching resources are approved by the Minister.
 - 4.1. Where the use or provision of learning and teaching resources referred to in section 4 is by an external party, the principal shall not permit the use or provision unless both the learning and teaching resources and external party are approved by the Minister.

Approved: September 1, 2025

Reference: Section 1, 2, 16, 18, 18.1, 19, 52, 53, 58.11, 58.12, 196, 197 222 Education Act
Guide to Education: ECS to Grade 12
[New LearnAlberta for Parents](#)
Overview of Sexual Health Learning in Alberta